



Real Estate

KNOWLEDGE! FIRE LANE NO PARKING

FLOWER CHILD is a company built on all things good. From every organic vegetable, to every thoughtful entrée and every genuine team member, to every positive environment, we promise a holistic experience rooted in good. Our bowls, wraps, grains, and greens are all made with fresh and responsibly-sourced ingredients that revitalize the body, mind, and soul. Our mission is simple: create soul-satisfying moments through our food, our sense of place and our culture.



KNOW good.

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LUNCH



DINNER



DESSERT



DRINKS



STARTERS

GREEN CHILE QUESO \$8.95
chickpea chorizo, white cheddar, yellow corn chips 760 cal
SUB RAW VEGGIES \$3.25 40 cal

CRUSHED AVOCADO TOAST \$8.25
soft egg*, black sesame, white cheddar 400 cal

CLASSIC HUMMUS \$7.25
sun dried tomato, castelvetrano olive,
oregano, pita 520 cal
SUB RAW VEGGIES \$3.25 40 cal

AVOCADO HUMMUS \$8.25
sweet corn, radish, clementine
& pumpkin seed 540 cal
SUB RAW VEGGIES \$3.25 40 cal

**DAILY
SOUP**
\$7.45

SALADS

OUR ORGANIC PRODUCE IS GUIDED BY THE DIRTY DOZEN LIST

try our buttermilk yogurt ranch 330 cal
or sugar & dairy-free lemon avocado dressing 190 cal

ITALIAN CHOPPED \$10.95
romaine, arugula, sun dried tomato, provolone,
pepperoncini, red onion, crunchy chickpea, calabrian
chili vinaigrette 550 cal

TURKEY & AVOCADO COBB \$14.45
romaine, arugula, red cabbage, avocado, tomato,
cucumber, crunchy corn, pickled onion, smoked
almond, gorgonzola vinaigrette 740 cal

AVOCADO CAESAR \$10.95
romaine, parmesan, bread crumb,
chive, avocado caesar dressing 350 cal

**BRUSSELS SPROUTS
& ORGANIC KALE** \$10.45
red grape, organic apple, pink grapefruit, white cheddar,
smoked almond, apple cider vinaigrette 580 cal

CHOPPED VEGETABLE \$10.95
organic greens, romaine, avocado, heirloom carrot,
snap pea, radish, baby tomato, cucumber, toasted
sesame seed, ginger miso vinaigrette 270 cal

GINGER MISO CRUNCH \$10.45
carrot zoodles, zucchini, red pepper, cabbage, mint,
cashew, sesame seed, asian dressing 280 cal

ADD PROTEIN

CHICKEN	STEAK* served medium	SALMON*	SHRIMP	TOFU
\$5.25	\$6.25	\$6.95	\$6.75	\$3.95
140 cal	180 cal	190 cal	90 cal	150 cal

BOWLS

GLOW BOWL \$11.95
sweet potato noodle, shiitake, onion,
snap pea, cilantro, mint, sunflower
sauce 520 cal

**CHICKEN YAKISOBA
NOODLES** \$15.75
grilled chicken thigh, wok seared
vegetables, sesame garlic sauce,
roasted cashew 770 cal

**MEDITERRANEAN
CHICKEN KABOB** \$15.75
summer squash, portobello
mushroom, bell pepper, harissa,
quinoa rice, yogurt sauce,
greek salad 660 cal

MOTHER EARTH \$11.95
ancient grains, sweet potato,
portobello mushroom, avocado,
cucumber, broccoli pesto,
charred onion, leafy greens,
red pepper miso vinaigrette,
hemp seed 560 cal

CHICKEN ENCHILADAS \$14.95
guajillo chile, smoked gouda,
poblano crema, organic black bean,
roasted corn, avocado 810 cal

"FORBIDDEN" RICE \$11.75
black pearl, red japonica, snap pea,
bok choy, broccoli, carrot, onion,
toasted sesame, red chili hoisin 670 cal

ENTRÉES

pick a protein + 2 sides

CHICKEN \$14.75	STEAK* served medium \$15.75	SALMON* \$16.95
SHRIMP \$16.25	TOFU \$12.95	3 VEGETARIAN SIDES \$14.25

**ASPARAGUS &
QUINOA
tabbouleh**
snap pea, zucchini, lemon,
pickled onion, mint
220 cal

KALE SALAD
lemon, roasted garlic,
zucchini, parmesan,
bread crumb 270 cal

**gluten-free
MAC & CHEESE**
aged white cheddar,
parmesan 570 cal

**roasted
BROCCOLI**
lemon, garlic,
parmesan,
bread crumb
250 cal

**red chile glazed
SWEET POTATO**
bok choy &
sesame seed 210 cal

**simple steamed
BROWN RICE**
160 cal

**roasted
calabrian
CAULIFLOWER**
black currant & caper
relish, toasted walnut,
tahini 300 cal

**roasted SWEET
POTATO FRIES**
buttermilk yogurt ranch
460 cal

**CAULIFLOWER
"RISOTTO"**
cauliflower rice,
coconut, toasted bread
crumb, lemon, parsley
110 cal

FRESH FRUIT
pineapple, mandarin
orange, organic red
grape 100 cal

**SWEET CORN &
QUINOA**
greek yogurt
380 cal

**smashed
GOLD POTATO**
roasted garlic &
thyme 420 cal

SINGLE SIDES \$5.75 each

VEGETARIAN VEGAN GLUTEN-FREE

*These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. While we offer gluten-free items, our kitchen is not gluten-free.

WRAPS

CAROLINA BBQ CHICKEN \$12.95
kombucha bbq, pepperjack,
coleslaw, b & b pickle 740 cal

FLYING AVOCADO \$12.45
smoked turkey, gouda, romaine, tomato,
avocado hummus 650 cal

BLACK BEAN FALAFEL \$11.45
hummus, sun dried tomato, cucumber tzatziki,
romaine, mint, arugula 600 cal

THE REBEL* \$13.45
grass-fed steak, charred onion, port salut cheese,
arugula, horseradish yogurt 810 cal

HEALTHY KIDS \$8.75

«12 & UNDER»

pick a protein + 2 sides
(220-630 cal)

CHICKEN **STEAK** **TOFU**

BROCCOLI WITH PARMESAN

SMASHED POTATO

SWEET CORN & QUINOA

GLUTEN-FREE MAC & CHEESE

FRESH FRUIT

DESSERTS

CHOCOLATE CHIP CASHEW COOKIE \$2.50
sprouted almond, toasted coconut 330 cal
CHOCOLATE PUDDING \$5.25
sprouted almond, toasted coconut 420 cal
LEMON OLIVE OIL CAKE \$3.75 380 cal

DRINKS

ICED TEA 0 cal	\$3.95
SEASONAL LEMONADE	\$3.95
HOT TEA 0 cal	\$3.95
ROTATING KOMBUCHA ON TAP	\$6.50

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Fresh-Squeezed Lemonade
Seasonal Sangrias
Bursting Natural Juices



GENERAL LOCATION NEEDS

- Freestanding or end cap with Flower Child branded storefront.
- Urban and suburban with strong residential, daytime and nighttime population.
- Preferred traffic generators include residential, upscale grocery, hospitals, office, retail, university and boutique daily use tenants like specialty gyms (e.g. Pilates, Orangetheory, yoga, spin, barre).

PREFERRED CRITERIA

- +/- 4,000 sq. ft. interior with 1,000 sq. ft. patio.
- Warm weather markets +/- 3,500 sq. ft. interior with 1,000 sq. ft. patio.
- Excellent visibility and access (ingress and egress).
- Patio seating required.
- Zoning to accommodate restaurant use and allow beer and wine liquor license.
- Parking, parking, parking. Access to parking and dedicated short-term pickup parking spaces adjacent to building.

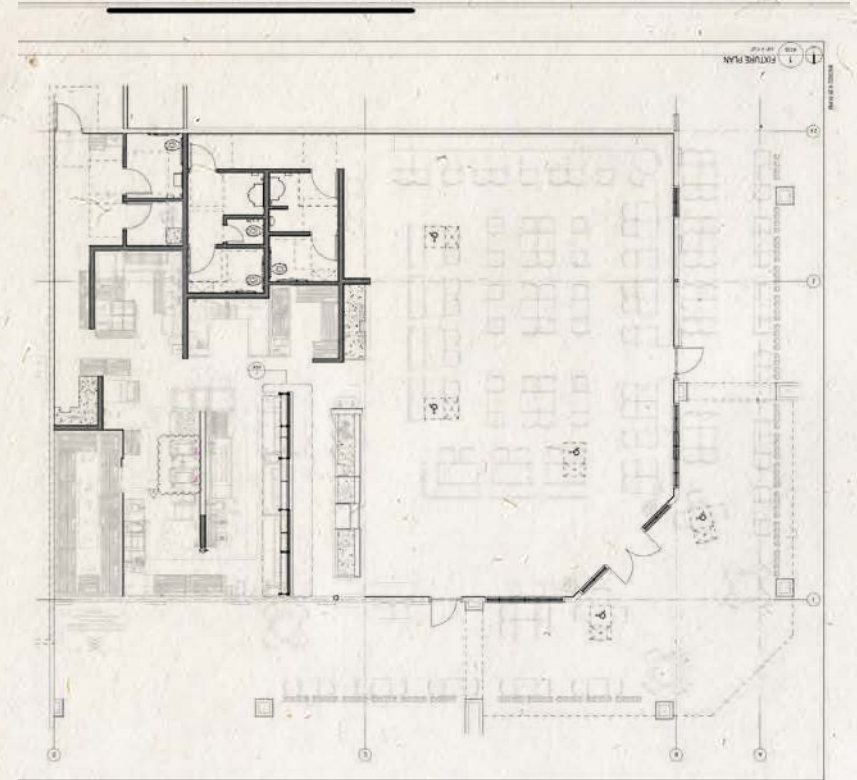
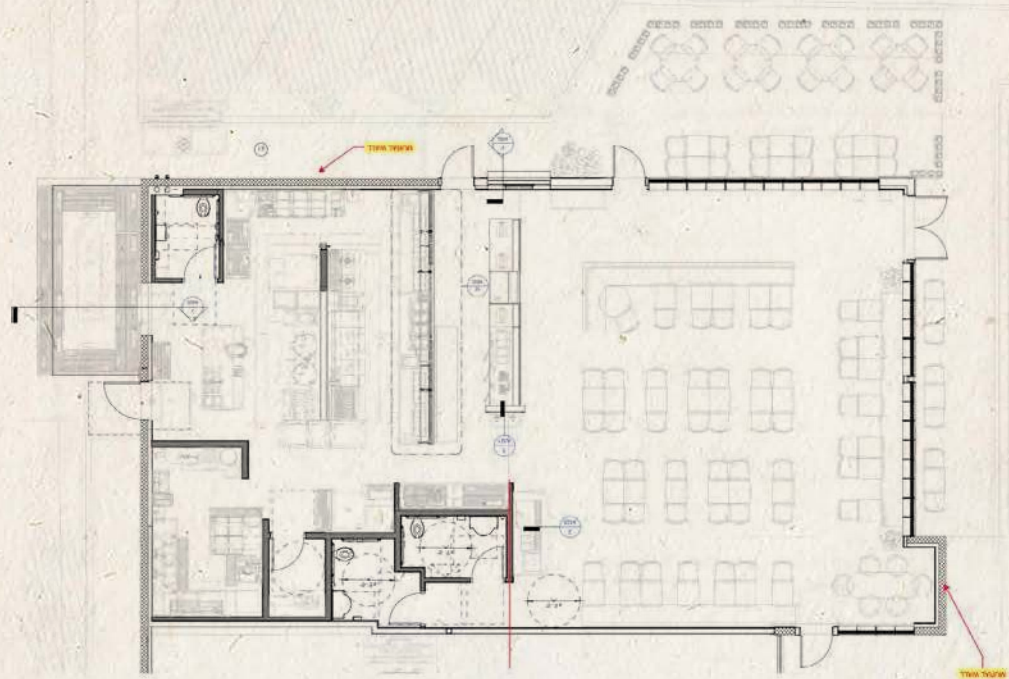
SALES RANGE

- \$1000-\$1500 PSF

LEASE TERMS

- 10-year with two 5-year options





Arizona

CHANDLER

7131 W. Ray Rd
Chandler, AZ 85226

GILBERT

1950 E. Williams Field Rd
Gilbert, AZ 85295

PARADISE VALLEY

12640 N. Tatum Blvd
Phoenix, AZ 85032

PHOENIX (ARCADIA)

5013 N. 44th St
Phoenix, AZ 85018

PHOENIX (DESERT RIDGE)

21001 N. Tatum Blvd
#16-1000
Phoenix, AZ 85050

PHOENIX (UPTOWN PLAZA)

100 E. Camelback Rd
Phoenix, AZ 85012

SCOTTSDALE

10460 N. 90th St
Scottsdale, AZ 85258

TEMPE

737 S. Novus Place
Tempe, AZ 85281

TUCSON

2960 N. Campbell Ave
Tucson, AZ 85719

California

DEL MAR

2690 Via De La Valle
Del Mar, CA 92014

NEWPORT BEACH

1302 Bison Ave
Newport Beach, CA 92660

Colorado

BOULDER

2580 Arapahoe Ave
#110
Boulder, CO 80302

DENVER

3110 E. 1st Ave
Unit 101
Denver, CO 80206

Georgia

ATLANTA (LENOX)

3400 Around Lenox Dr
Atlanta, GA 30326

ATLANTA (SANDY SPRINGS)

6400 Bluestone Rd
#170
Sandy Springs, GA 30328

ATLANTA (WESTSIDE PROVISIONS)

1170 Howell Mill Rd
Building C
Atlanta, GA 30318



Indiana

INDIANAPOLIS

1340 E. 86th St
Ste 50
Indianapolis, IN 46240

Maryland

BETHESDA

10205 Old Georgetown Rd
Bethesda, MD 20814

Missouri

ST. LOUIS (FRONTENAC)

10336 Clayton Rd
Suite #05
Frontenac, MO 63131

Nevada

LAS VEGAS

1007 S. Rampart Blvd
Las Vegas, NV 89145

HENDERSON

2215 Village View Dr
Henderson, NV 89052

North Carolina

CHARLOTTE (SOUTH END)

1537 Camden Rd
Charlotte, NC 28203

CHARLOTTE (BALLANTYNE)

15210 Bowl St
Suite 101
Charlotte, NC 28277

Oklahoma

OKLAHOMA CITY

1144 NW 63rd St
Suite 1003
Oklahoma City, OK 73116

Utah

SALT LAKE CITY

1414 Foothill Dr
Suites A-1
Salt Lake City, UT 84108

Virginia

TYSONS

1656 Boro Place
McLean, VA 22102



Texas

AUSTIN (DOMAIN NORTHSIDE)

11721 Rock Rose Ave
Austin, TX 78758

AUSTIN (DOWNTOWN)

500 W. 2nd St
#133
Austin, TX 78701

AUSTIN (WESTLAKE)

3300 Bee Cave Rd
Suite 150
West Lake Hills, TX 78746

DALLAS (ADDISON)

5290 Belt Line Rd
#100
Addison, TX 75254

DALLAS (INWOOD VILLAGE)

5450 W. Lovers Ln
Dallas, TX 75209

DALLAS (PLANO)

2101 Preston Rd
Suite A
Plano, TX 75093

DALLAS (PRESTON ROYAL)

5959 Royal Lane
Unit #542
Dallas, TX 75230

DALLAS (ROSEWOOD COURT)

2101 Cedar Springs Rd
Suite R100
Dallas, TX 75201

FORT WORTH

1616 S. University Dr
#301
Fort Worth, TX 76107

HOUSTON (THE WOODLANDS)

1900 Lake Woodlands Dr
Suite 100
The Woodlands, TX 77380

HOUSTON (TOWN & COUNTRY)

600 W. Sam Houston Pkwy N.
Suite 600
Houston, TX 77024

HOUSTON (UPTOWN)

1101 Uptown Park Blvd
#C-6
Houston, TX 77056

HOUSTON HEIGHTS

1533 N. Shepherd,
Suite 100
Houston, TX 77008





Coming Soon

Florida

SARASOTA

Tennessee

FRANKLIN

Texas

SOUTHLAKE

Utah

RIVERTON



FLOWER CHILD

HEALTHY FOOD FOR A HAPPY WORLD

